



Client Intake Questionnaire

Please fill in the information below and bring it with you to your first sessions. Please note: information you provide here is protected as confidential information.

Name: _____ Date: _____

Name of parent/guardian (if under 18 years): _____

Address: _____

Cell/Home/Work/Other _____ May we leave a message? Yes No

Email: _____ May we leave a message? Yes No

**Please note: Email correspondence is not considered to be a confidential medium of communication*

DOB: _____ / _____ / _____ Age: _____ Gender: _____

Last 4 of Social Security Number: _____

Marital Status:

Never Married Domestic Partnership Married Separated

Divorced Widowed

Please list any children/age: _____

Primary reason for coming in: _____

Referred by (if any) _____

HISTORY

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?

No Yes, previous therapist/practitioner: _____

Are you currently taking any prescription medication? Yes No

If yes, please list:

Have you ever been prescribed psychiatric medication? Yes No

If yes, please list and provide dates:

General Health and Mental Health Information

1. How would you rate your current physical health? (please circle)

Poor Un satisfactory Satisfactory Good Very good

Please list any specific health problems you are currently experiencing:

2. How would you rate your current sleeping habits? (please circle)

Poor Un satisfactory Satisfactory Good Very good

Please list any specific sleep problems you are currently experiencing: _____

3. How many times per week do you generally exercise? _____

4. Please list any difficulties you experience with your appetite or eating patterns. _____

5. Are you currently experiencing overwhelming sadness, grief or depression? No Yes

If yes, for approximately how long? _____

6. Are you currently experiencing anxiety, panic attacks or have any phobias? No Yes

If yes, when did you begin experiencing this? _____

7. Are you currently experiencing any chronic pain? No Yes

If yes, please describe? _____

8. Do you drink alcohol more than once a week? No Yes

9. How often do you engage recreational drug use? Daily Weekly Monthly Infrequently Never

10. Are you currently in a romantic relationship? No Yes

If yes, for how long? _____

On a scale of 1-10, how would you rate your relationship? _____

11. What significant life changes or stressful events have you experienced recently? _____

FAMILY MENTAL HEALTH HISTORY

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

Please Circle List Family Member

Alcohol/Substance Abuse yes / no

Anxiety yes / no

Depression yes / no

Domestic Violence yes / no

Eating Disorders yes / no

Obesity yes / no

Obsessive Compulsive Behavior yes / no

Schizophrenia yes / no

Suicide Attempts yes / no

ADDITIONAL INFORMATION

1. Are you currently employed? No Yes

If yes, what is your current employment situation: _____

Do you enjoy your work? Is there anything stressful about your current work? _____

2. Do you consider yourself to be spiritual or religious? No Yes

If yes, describe your faith or belief: _____

3. What do you consider to be some of your strengths? _____

4. What do you consider to be some of your weakness? _____

5. What would you like to accomplish out of your time in therapy? _____